



# Waltham Forest News

Your Council keeping residents informed

[www.walthamforest.gov.uk](http://www.walthamforest.gov.uk)

Issue 59, 6 February 2012

## Council Tax freeze

Plans announced to freeze Council Tax for next two years

In the midst of a cold snap it seems only fitting to announce another freeze, but this one should at least put a smile on your face: Waltham Forest Council is proposing to freeze Council Tax at 0 per cent for the next two years.

The Cabinet have finalised provisional plans, and papers detailing the Council's proposed budget will be released this week. If ratified by Full Council later in the year, the decision will mark four consecutive years in which the borough's Council Tax has been frozen.

The Council's current plan is to save £65m within four years. As part of our 'Big Conversation' in late 2010 residents told us not only which services they valued most, but also that they wanted us to find savings by spending money wisely and doing more for less. As a result, the Council has been cutting 'back office' expenditure; saving money on staffing expenditure, sharing services with other boroughs and making services more efficient. These measures have already allowed Waltham Forest to agree £45.7 million worth of savings and will help fund the proposed Council Tax freeze.

The Council Tax you pay goes towards a huge variety of vital services, from street cleaning and rubbish collection to social care,



Your Council Tax pays for all kinds of services such as highway maintenance, parks, libraries and street cleaning

library books and meals on wheels.

Leader of Waltham Forest Council, Cllr Chris Robbins, told Waltham Forest News: "Paying their monthly Council Tax bill is one of the most fundamental ways in which residents deal with the Council. With energy bills going up, unemployment rising, wages frozen and the continued stagnation of the

economy it's important to do what we can to ease the burden on families in Waltham Forest.

"While we're able to offer advice and help residents when it comes to finding jobs or reducing their heating bill, this is perhaps the most important thing we can do to help reduce their monthly outgoings and make the cost of day-to-day living a bit easier."

Keep an eye out for further updates and a full budget breakdown in future editions of Waltham Forest News.

### More info

For more information on your Council Tax bill and how to pay it visit [www.walthamforest.gov.uk/counciltax](http://www.walthamforest.gov.uk/counciltax) or phone 020 8496 3000

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## In my opinion

### Efe Ezekiel

Youth Mentor and founder of 'Ushine Ishine', Waltham Forest



**One of the most important messages I think we can, and should, give young people is that they will achieve their goals by having confidence and high self-esteem.**

I personally want to let young people know that

there are many adults and organisations who want to support, guide and love you. 'Ushine Ishine' is a Youth Mentoring service devoted to creating change and positivity in our society by inspiring young people throughout Waltham Forest.

As well as the help offered by services like Ushine Ishine, I also want to remind you that your community is also here to help smooth your transition into adulthood and making sure that you become the best person that you can be.

Throughout my teaching experience, I have heard and seen young people lose hope and vision for their futures and lives. From my conversations with young people I learned that many believed that attaining their dreams was impossible because they lack the "means" to do so. Their interpretation of this word usually produced the same answer – financial. However, other interpretations were produced. Many believed that they didn't have the means within themselves. They didn't have the confidence to actively go after what they wanted. In addition, they believed that turning a dream into reality was impossible because they didn't have any "real" role models in their communities and in the media to look up to.

However, I am here to tell you that this is your year to start afresh and to start believing in your hopes and dreams and that there are "real" role models to look up to.

Everyone deserves the chance to start over and create opportunities for themselves despite their current circumstance and environment. This year we will have the world watching east London at the 2012 Olympics. We will see winners and champions competing before our eyes but these athletes will also provide an example and lesson to all young people. The lesson is that through hard-work, dedication, sacrifice and a positive mindset you can all become winners in your life and careers too.

I believe that having and maintaining an open and creative vision for your future is the only way to attain your goals. I believe in your strength of character and I know that you will succeed. The most important part of this message is that I want young people to enjoy their youth, have fun and always have faith.

For more information visit [www.ushineishine.com](http://www.ushineishine.com).

### Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: [walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk) and tell us what you'd like to write about.



Cllr Clyde Loakes and Council Leader Chris Robbins want Lea Bridge Station to reopen

# Lea Bridge Station on track

- Full steam ahead for Lea Bridge Station as assessment gives green light
- Rail consultants engaged by Council to work up designs and estimate costs

**As reported in October, the Council is championing calls to reopen Lea Bridge railway station. Now Waltham Forest News can exclusively reveal that Transport for London (TfL) has given its verdict on the assessment of the initial business case – and the news is good!**

TfL looked at the existing population and employment data relevant to the immediate area around the station and also assessed likely future growth given the station sits within the Northern Olympic Fringe Area.

A report last year into boosting rail capacity outlined the case for improving

services along the Lea Valley line, with a preferred option for a service running between Brimsdown and Stratford that would stop at Lea Bridge station four times an hour.

"This is a really positive step forward and would make a significant difference to local people, bringing Tottenham Hale in one direction and Stratford in the other both within five minutes travel time," said Council Leader Chris Robbins.

"We're convinced this is a viable proposition and will continue to work hard to convince the appropriate rail authorities to support the scheme."

In order to achieve this aim the Council has appointed specialist rail consultants the Trevor Patrick Partnership to prepare a preliminary design for the station infrastructure and accurately estimate its cost. These are expected by March.

Funding for the scheme, including the design and construction of the station, is available from Section 106 Agreement money made available from the development of the Westfield shopping centre. Section 106 money is paid to councils by developers in order to contribute to services and infrastructure in the local community.

The news comes after a 12 year battle led by Waltham Forest Council to see the station brought back into service and to see Hall Farm Curve reopened. "That fight goes on," said Cllr Robbins. "But for now we will focus on putting our energy into getting Lea Bridge station open after sitting redundant for over quarter of a century."

### More info

To read the original report about rail capacity visit [www.networkrail.co.uk/rus](http://www.networkrail.co.uk/rus) Free internet access is available at all libraries in the borough.

## Waltham Forest News

**Editor:** Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email [walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk) or call 020 8496 3000.

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# Queen to visit Waltham Forest

- The Queen will visit Waltham Forest to start her Diamond Jubilee Tour
- Lunch on Thursday 29 March celebrates 60 year reign



The Queen will visit Waltham Forest in March

## The Queen and Duke of Edinburgh will visit the borough in March to attend a lunch at Waltham Forest Town Hall.

Her Majesty and His Royal Highness are beginning the Queen's Diamond Jubilee Tour in north London before travelling to other parts of the country in a coordinated series of visits over the following four months.

North London will be the first

day of the tour, with The Queen and The Duke of Edinburgh visiting Ilford in the morning and Harrow in the afternoon, stopping in Waltham Forest for lunch at the Town Hall.

The visit is planned for Thursday 29 March, and is just part of an array of celebrations marking the Queen's 60 year reign.

"We're honoured to have been included as part of the Diamond Jubilee celebrations"

Cllr Chris Robbins, Leader of Waltham Forest Council, told Waltham Forest News.

"As if 2012 were not an exciting enough year in prospect, with the Olympic and Paralympic Games coming to the borough, to find out that we are also going to be hosting royalty is a wonderful surprise.

"I'm sure many residents will be out in force to welcome them to the borough and to celebrate Queen Elizabeth's

Diamond Jubilee."

The news comes in the wake of the Council announcing that local neighbourhoods will be getting an extra £5,000 to spend on street parties to help celebrate the Olympic Games or the Queen's Diamond Jubilee.

Residents will be able to access the funding via Community Ward Forums while the Council helps by organising road closures and insurance. The £5,000 does not have to be spent all on one event, as different streets or estates may want to celebrate separately or pool their resources with neighbouring wards.

Look out for more information about The Queen's visit in future editions of Waltham Forest News.

## More info

For more information on funding for street parties phone **020 8496 3000**

## Leader's view

### Cllr Chris Robbins

Leader - Waltham Forest Council

**As you'll have seen from the story on this page of Waltham Forest News, The Queen will be paying a special visit to our borough in March. This is great news for Waltham Forest and I am delighted that Her Majesty will be beginning**



**her Diamond Jubilee Tour in our borough before travelling to other parts of the country.**

It is a great honour for us and I'm sure that seeing the Queen will spur lots of people on to hold a special street party for her official Diamond Jubilee Weekend in June. Your local Community Ward Forum will be receiving an extra £5,000 to spend on street parties to help celebrate the Olympic Games or the Queen's Diamond Jubilee.

This good news is a terrific start to what will be an extraordinary year for Waltham Forest. I'm pleased to report that there are several other Council projects in progress that will aim to help you have an unforgettable Olympic year.

The redevelopment of the William Morris Gallery and Lloyd Park is well underway. The Gallery and park are set to open in time for the Olympics and will provide a magnificent facility for our schools, residents and visitors to study the life and work of William Morris in his home borough.

This £5 million project will make the gallery and park a wonderful place for residents and visitors to enjoy and means we will be able to attract more tourists to our corner of London.

I was delighted to host two receptions to talk about the gallery in the stunning surroundings of Two Temple Place last month to update residents, artists and VIPs on the project's progress and also to encourage those people to do all they can to help us raise the final £650,000 needed to complete the redevelopment.

The Walthamstow Wetlands project – that seeks to turn four square kilometres of reservoirs into an urban nature reserve – has received a London Planning Award. The award is a real boost in the aim to secure Heritage Lottery Funding to take the scheme forward.

And finally we are working on plans for a spectacular welcome for the Olympic Torch when it comes to our borough as part of the torch relay on Saturday 21 July. Keep an eye out for more information in future editions of Waltham Forest News.

It's already shaping up to be an outstanding year and the Council will be doing all it can to help you make the most of it.

## Get involved

**I'd like to hear from you. I have a page on the website where you can get more information and email me [www.walthamforest.gov.uk/leader](http://www.walthamforest.gov.uk/leader) and you can write to me at the town hall.**

# Cold weather advice

## For some the current cold snap will mean needing to find their warmest gloves and scarf, but for senior citizens the consequences can be far more serious.

The Council and Age UK are working together to offer older residents – as well as the friends, relatives and carers who keep an eye out for them – advice

on how to keep warm and avoid illness, falls or exacerbating problems like arthritis.

A free event will take place on Wednesday 15 February from 11am-3pm at The Greenway (48a Greenway Avenue, Walthamstow, E17 3QN) offering information about keeping yourself and your home warm. Along with a free cuppa there'll be free slippers (while stocks last!) and, if you receive Pension Credit, free 'ice grippers' and warm clothing upon presentation of your award letter from the Department for Work and Pensions.

Fuel bills can be tough at the best of times, but being on a low income doesn't mean you have to turn down that thermostat. There are a number of schemes that you may be entitled to if you are older or receive certain benefits that can assist with paying fuel bills in the winter or making your home more energy efficient.

## More info

For free advice on paying winter fuel bills or insulating your home phone Age UK Waltham Forest on **020 8558 8716** or HEET on **020 8520 1900**

## Fact file

- Heat the main living area to 18 – 20° C (64 – 70°F) and the rest of the house to at least 16° C (61°F).
- In very cold weather set the heating to come on earlier so you won't be cold while waiting for your home to heat up.
- Close the curtains once it begins to get dark to keep warmth inside.
- Wear plenty of thin layers rather than one thick one as the layers will trap warm air.
- Have plenty of hot drinks and at least one hot meal a day.
- Stop in and see if your older neighbours or relatives are fit and well or if they need help.
- Older people and those receiving certain benefits may be entitled to money to help with fuel bills or free insulation for their home. Phone Age UK Waltham Forest on **020 8558 8716** or **020 8520 1900**



Cllr Robbins speaking at the Enough Is Enough event at Portcullis House, Westminster

## Making the borough safer

Waltham Forest Council has five key priorities to help improve the lives of residents. In this edition we look at what is being doing to make the borough safer

**Waltham Forest took news of its flagship anti-gangs initiative to the great and good on Monday 30 January at a special event in Parliament.**

Co-hosted by the Council and MP for Chingford and Woodford Green Iain Duncan Smith, the event sought to explain Waltham Forest's 'Enough Is Enough' gang prevention project as well as open debate on the issue of youth violence and help garner further support for the borough's groundbreaking initiative.

Speaking at the event were Leader of Waltham Forest Council, Cllr Chris Robbins; Iain Duncan Smith MP; Borough Commander Steve Wisbey; gangs expert Professor John Pitts, Metropolitan Police lead on

gangs Commander Steve Rodhouse and Louise Casey, the head of the Government's new Troubled Families Team at the Department for Communities and Local Government.

Also attending were MP for Leyton and Wanstead John Cryer, MP for Walthamstow Stella Creasy and Council officers who spend their time on the frontline, working hard to encourage young people involved with gang life to leave their destructive lifestyles behind. This first-hand experience often proved eye-opening to an audience that included MPs from across the political spectrum; central government staff and high-ranking officials and politicians from other London boroughs.

Speaking after the event, Cllr Chris Robbins told

Waltham Forest News: "The evening was a tremendous success and the fact that so many prominent individuals attended is a testament to the strength of the Enough Is Enough project and the work Waltham Forest is doing.

"We've already been contacted by other boroughs who want to find out more about the way we work, and the chance to speak to

other experts and decision-makers about a problem we are all concerned about was extremely valuable.

"As well as seeking input and explaining our work, we also hope the event will encourage support and the investment of additional resources as so far our project has received limited financial backing."

The Enough Is Enough

### Fact file

#### The money involved:

- £21k – the cost per-family of the project.
- £700,000 – the amount of new money the Council has invested in Enough Is Enough.
- £1m – the Council's total budget for the project's first year.
- £2.3m – the estimated savings to the public purse of the recent decrease in gang-related violence in the first six months of the project.

project focuses not just on individual gang members or prospective gang members, but their entire family. This approach – one that is tailored to a family's specific needs – is believed to be the first of its type in the country, and the project has already been lauded by a recent Home Affairs Select Committee report into last year's riots as well as several national newspapers.

So far the Council has been working with more than 30 families, helping them with issues such as substance abuse, education, housing, mental health and employment. The project has brought experts from a variety of disciplines together to work towards a shared aim.

The Council's work is

augmented by grassroots support, advice and input from the community-led A Better Way Partnership, whose chairman Sheridan Mangal also spoke at the event and explained to attendees the local community's pivotal role in ensuring the project's success.

Further support comes from the local police who aim to crack down on gang members who refuse to interact with the project once a way out has been offered.

### More info

If you have information about crime or gang activity in your local area you can report it anonymously to Crimestoppers by phoning 0800 555 111.

# How the gang prevention programme is helping families

## Case study A

Young Person A had been a gang member for several years, a problem exacerbated by poor school attendance. Young Person A had significant contact with the criminal justice system for gang related offences and had also been a victim of serious reprisal attacks by rival gangs.

The Family Partnership Team contacted the family, outlined the support available and helped highlight the consequences of A's continued involvement in gang activity.

Since engaging with the Family Partnership Team, A has commenced training and recognised the impact that his gang activity has on his family. The Family Partnership Team has also supported A's family, helping them relocate and access employment and training opportunities.

## Case study B

Young Person B was formerly a gang member in Hackney. He has a history of substance misuse and offending. After moving to Waltham Forest the team introduced B to a charity where he has since received structured training and voluntary work experience. He is also a volunteer in a mentoring scheme.

## Case study C

Young Person C contacted the 'Going The Distance' programme of his own volition. He was concerned that his gang affiliation was affecting his parents and his younger sibling. The team set up a bespoke work plan with the Family Partnership Team, and reviewed his housing and college courses to enable him to begin studying a foundation university degree.

## Case study D

Young Person D was introduced to the programme by a member of the community who has provided ongoing support. As a result of his involvement with Enough Is Enough, D has started an ICT college course.

## Case study E

Young Person E was introduced to the programme by his brother, a gang member. He has since secured a place at college pending receipt of his qualifications and is now actively seeking part-time work to help fund his studies.

## Council priorities

### Protect the most vulnerable

Enable vulnerable adults to have a proper choice over their social care

Provide children and young people with quality education, welfare and health services, including better school buildings

### Improve the safety of our community

Find an effective solution to the gang problem

Reduce the level of crime and anti-social behaviour in the borough

### Get cleaner and greener

Clean up front gardens, streets and private land in the borough so they match the best in London

Invest in and improve our parks and open spaces for the benefit of all residents

### Regenerate our borough

Regenerate our key sites and develop our housing to re-house 50% of those currently living in overcrowded conditions

Help our residents to gain skills to get back into work and support our local businesses

### Make the most of the Olympic year

Make the Olympic year an unforgettable celebration for our residents

Achieve a real and lasting impact from the Olympics for our residents

**Make every penny count in tough times**



## In brief



### Named and shamed

Waltham Forest Council is committed to cleaning up the borough and wiping out enviro-crime in Waltham Forest. We will be taking tough action against those people who continue to blight our borough, and will name and shame the people we catch treating our borough like a dumping ground.

The following people and companies have been successfully prosecuted for enviro-crimes:

**Who?** Noor Saba Salem

**Where from?** Walthamstow

**The offence?** Failed to comply with Litter Clearance Notice

**The outcome?** £300 fine, £720 costs and a £15 victim surcharge

**Who?** Numair Shafique

**Where from?** Wood Green

**The offence?** Littering

**The outcome?** £175 fine, £260 costs and a £15 victim surcharge

**Who?** Magdalena Auron

**Where from?** Leyton

**The offence?** Littering

**The outcome?** £175 fine, £260 costs and a £15 victim surcharge

**Who?** Ionel Surugiu

**Where from?** Leyton

**The offence?** Transporting waste, No Waste Carriers Licence

**The outcome?** £500 fine, £300 costs and a £15 victim surcharge

**Who?** Ashar Khan

**Where from?** Walthamstow

**The offence?** Failed to Produce Waste Transfer Notes, Failed to comply with Waste Receptacles Licence

**The outcome?** £1000 fine, £720 costs and a £15 victim surcharge

**Who?** Central Estates

**Where from?** Walthamstow

**The offence?** Breach of Advertising Regulations

**The outcome?** £200 fine, £240 costs and a £15 victim surcharge

**Who?** Mihaita Ionut Ularu

**Where from?** Manor Park

**The offence?** Failed to produce Waste Carriers Licence

**The outcome?** £525 fine, £200 costs and a £15 victim surcharge

• To find out more about the Council's award-winning 'We're wiping out enviro-crime' campaign visit [www.walthamforest.gov.uk/wipeitout](http://www.walthamforest.gov.uk/wipeitout) Report an enviro-crime by visiting [www.walthamforest.gov.uk/report-it](http://www.walthamforest.gov.uk/report-it) or phone Waltham Forest Direct on 0208 8496 3000.



The Council has worked hard to reduce enviro-crime, sometimes by giving litterers and other enviro-criminals fixed penalty notices

## Staying tough on enviro-crime

- Council vows to keep pursuing all those people who rubbish our borough
- Fly-tipping has dropped 30 per cent in two years

**Almost three years ago Waltham Forest Council asked residents what it should do to punish people who blight our borough with litter, fly-tipping and other forms of environmental crime. The response from you was clear and direct – no nonsense, no excuses, no escape from the measures available to bring them to account for their actions.**

The Council listened to the strength of feeling in the community and set in action plans that showed real results. The Council's 'wiping out enviro-crime' campaign has been running for over two years and not only commits significant money and resources to the issue, it also provides an approach to use fixed penalty notices, prosecutions and other tough measures to make sure people who blight our borough get the message loudly and clearly: – if you rubbish our streets you will pay.

Cabinet Member for

Environment Clyde Loakes told Waltham Forest News: "The action we have taken has proven that we're intent on making these measures hit and hit hard. By holding people to account for their actions we have made a real difference to the look and feel of the borough.

"We've slashed instances of fly-tipping in the borough by 30 per cent. Fly-tipping costs the Council £1.5 million a year to deal with, so by investing money in prevention we can

not only make the borough a more pleasant place, we can save taxpayers money being spent on clearing up other people's mess."

This approach is consistent across areas such as littering and dog mess, and is also something that extends to residents who use their front garden as a dumping ground.

The Council launched a scheme to identify unacceptable front gardens and make residents clear away their mess. If they don't

clean up in a reasonable period of time the Council will step in, clear up and charge them for it.

"We're not just sending the message that this sort of thing is unacceptable, we're backing it up with action," said Cllr Loakes. "However, we're not being unreasonable, even if we are being tough on offenders. We have a free unlimited bulky waste collection service open to residents, so there really is no excuse to dump an old sofa or mattress in your front garden."

Other examples include what the Council is doing to stop estate agents leaving signs up outside properties long after they have been sold or let and providing specialist bins for chewing gum and cigarette butts in all of our town centres.

### Fact file

- The Council provides a free bulky waste collection service. Not only is there no charge, but there is no limit on the number of collections in any year.
- If you see anyone fly-tipping report the details of the individual concerned and the vehicle they are using by phoning 020 8496 3000.
- Estate agents who leave boards up for more than 14 days after a property is let or sold are liable for a fixed penalty notice.
- With approximately 1,800 refuse bins throughout the borough, there is no excuse to leave dog mess on streets or in parks. Just make sure the waste is sealed in a plastic bag and put it straight in the bin.
- Report irresponsible dog owners via a form on the council's website [www.walthamforest.gov.uk/wipeitout](http://www.walthamforest.gov.uk/wipeitout) – or phone 020 8496 3000.

### More info

For more information visit [www.walthamforest.gov.uk/wipeitout](http://www.walthamforest.gov.uk/wipeitout) or phone 020 8496 3000.

# It's spring clean time

- Council looking to build on last year's turnout of community spirited residents
- Help smarten up your part of the borough over the weekend of 23 to 25 March



Last year children from Davies Lane Primary School were among those who joined in the Spring Clean

**Last year the Council's spring clean initiative proved to be a huge success, with an amazing 1,500 people taking part in 44 spring cleans across the borough.**

The work to keep Waltham Forest spick and span included a variety of groups

and organisations ranging from resident associations and community groups to churches and faith groups, schools and others.

In all the community were able to remove 50 tonnes of rubbish from the streets of Waltham Forest. If this wasn't good enough news,

at least 30 tonnes of that was recycled or reused.

In addition, 500 plants were put into the ground all over the borough; an extensive amount of graffiti was cleaned off walls and structures; and various bollards and items of street furniture were painted to smarten them up.

"It's heartening to remember that all of this work was carried out by residents of Waltham Forest, with the help and assistance of Council officers," Cllr Clyde Loakes, Cabinet Member for Environment, told Waltham Forest News.

"It is through a real sense of community spirit that these improvements were made and the borough transformed into an even more pleasant place to live.

"This year we would like to make the Spring Clean even

bigger and better, but we can only do it with your help.

If you'd like to lend a hand on the weekend of 23 to 25 March, then get in touch. You can either arrange your own clean up, supported by the Council, or join one of the local Council events on any of the above days.

## More info

If you would like to take part, or organise your own clean up, please email [streetcare.client@walthamforest.gov.uk](mailto:streetcare.client@walthamforest.gov.uk) and leave your contact details. You can also phone **020 8496 3000** or write to the Waste Management Section, Low Hall Depot, Argall Avenue, London, E10 7AS. Equipment such as litter grabbers, gloves and bags will be provided on the day

## In brief



## Wood Street Indoor Market event

On Saturday 11 February, Wood Street's Indoor Market will be holding an event to celebrate the arrival of over 20 new tenants. New additions to the market will include vintage clothing, jewellery, art and craft and florists. Local people are invited to come along and sample the new atmosphere and selection of outlets for themselves. Visitors will also be able to witness a programme of art projects that the Council is developing called 'Wood Street Inside Out'. The programme includes three simultaneous projects from artists Emily Tracy, Lizzy Hobbs, Vic Lee, Della Rees and local art collective Artillery.

• For more information visit [www.walthamforest.gov.uk/wood-street-regeneration](http://www.walthamforest.gov.uk/wood-street-regeneration) or phone **020 8496 3000**.

London Borough of Waltham Forest Presents

# HALF TERM PIRATES AND PRINCESS CHILDRENS DISCO

**Chingford Assembly Hall, Station Road, Chingford E4 7EN**  
Tuesday 14 February 2012, 1:30-3:30pm. Admission: £1.00 per child

**Score Centre, 100 Oliver Road, Leyton E10 5JY**  
Thursday 16 February 2012, 1:30-3:30pm. Admission: £1.00 per child

- Prizes for best costumes
- Face painting
- Treasure Hunt with Pirate Bubbles
- Suitable for children under 10's
- All children must be accompanied by an adult

**For more information go to [www.walthamforest.gov.uk/whats-on](http://www.walthamforest.gov.uk/whats-on)  
Or telephone **020 8496 3000****





# Community

## Walthamstow

### In brief

#### The Soul Project

Wood Street-based social enterprise The Soul Project is asking local people who use its services to dig deep and donate money to help buy the building it is currently based at. The Soul Project wish to buy the building they currently rent from a private landlord and believe they will need to find almost £3.5 million to do so. They are aiming to raise £500,000 from donations and fundraising events to help meet the costs of essential refurbishment works the building will need. The Soul Project is home to the Tumble in the Jungle children's soft play area and also offers youth club activities, adult learning, fathers groups and support to local families. The group aims to buy the building in May 2013. Look out for more information in future editions of Waltham Forest News.

• For more information visit [www.thesoulproject.com](http://www.thesoulproject.com) or phone 0870 626 0712.



#### Valentines craft fair

Local craft collective Craft Guerrilla will return to Walthamstow for a special Valentines-themed craft fair on Saturday 11 February. If you adore handmade goodies and are looking for a special love token for your sweetheart you're sure to find it at as you peruse the romantic-inspired handmade items including baked goods. And if you haven't got a special someone to call your own there will be a special DIY craft workshop on the day: "Don't have a valentine? Make your own!" The fair takes place at Vestry House Museum (Vestry Road, Walthamstow Village, E17 9NH) from 11am to 4pm and entry is free.

• For more information visit [www.craftguerrilla.com](http://www.craftguerrilla.com). Free internet access is available at all libraries in the borough.

#### Half term at The Mill

Parents looking for ways to keep their children occupied over the half term holiday can take advantage of The Mill's 'Magical Marvellous Pet Show' for kids aged three to seven. The event takes place at The Mill (7-11 Coppermill Lane, Walthamstow, E17 7HA) on Thursday 16 February. Children will be able to make their own bean bag pet and give it a name and a story. Parents can either enjoy a coffee at The Mill or do some shopping and come back 45 minutes later to watch the 'pets' show off their tricks. There are two time slots; 1pm for three to five years and 2pm for five to seven years. There are ten places for each show. Tickets cost £6 per child and include the bean bag pet.

• For more information, please email [sarah@growyourowntheatre.co.uk](mailto:sarah@growyourowntheatre.co.uk) or call 07541 082 552.



Ilyas Hussain, Ismail Hussain and Ibrahim Hussain show off their taekwondo medals to Council Leader Cllr Chris Robbins, Amjid Hussain and Chief Executive of Waltham Forest Council Martin Esom.

## Triplets show taekwon-do attitude

- Walthamstow brothers excelling at the sport of taekwondo
- Ilyas Hussain selected for National Cadet Talent Squad

**As the summer draws closer, hundreds of talented young sports men and women across Waltham Forest are getting ready to enjoy the spectacle of the London 2012 Games and are dreaming of their own future sporting success. None more so than ten-year-old Walthamstow triplets Ibrahim, Ismail and Ilyas Hussain.**

Ibrahim, Ismail and Ilyas took up the sport of taekwondo aged six. In the past three and a half years they have excelled in their chosen sport, with all three winning medals in national and international competitions.

The brothers have progressed faster than their proud Dad, and fellow taekwondo enthusiast, Amjid could ever have hoped.

Amjid told Waltham Forest News: "Taekwondo is coming to the 2012 Olympic Games and my boys took

up the sport three years ago at a local Academy in Walthamstow.

"At that time I did not envisage that they would be competing internationally. However, they train very hard and the results speak volumes for their dedication."

Taekwondo is a Korean martial art, with the word being loosely translated as 'the way of the hand and foot'. It combines combat techniques, self defence, sport and exercise. The brothers attend the Hadri Taekwondo Academy in Walthamstow, training at least four times every week.

In June 2011, the smallest of the three brothers, Ilyas, won Gold in the National Championships in Manchester, followed by Gold in the British Open Championships in Crawley – making him the British National Champion for his weight category.

After more hard work, the triplets flew to a competition

in Bonn, Germany, where Ilyas collected gold, while Ismail and Ibrahim won bronze medals. In October the triplets competed in the British Masters where Ilyas collected another gold.

And to cap off a brilliant year, Ilyas has also been selected for the GB Taekwondo National Cadet Talent Squad. He will attend his first training camp in Manchester this February half term and get to meet other talented youngsters from around Britain.

Ilyas told Waltham Forest News: "I'm really proud and excited about the thought of representing Great Britain at taekwondo."

"Taekwondo is a fun sport and I'm looking forward to the training and meeting lots of new people while I'm away at the camp."

And as well as being dedicated to their sport the brothers are also committed to their school work, with their teachers at Edinburgh

Primary being very proud of both their academic and sporting achievements.

Council Leader, Cllr Chris Robbins, invited the brothers to the town hall last month to congratulate them for all their success so far. As well as giving them a tour of the town hall he presented each of the brothers with some special Olympics badges.

Ibrahim, Ismail and Ilyas are now looking forward to the summer and say they "can't wait" for the Olympic Games to start. They hope to be able to find tickets to a taekwondo event and to see their hero Aaron Cook – the 2010 European Taekwondo Champion – in action.

#### More info

For more information on the Hadri Taekwondo Academy visit [www.hadritkd.co.uk](http://www.hadritkd.co.uk). Free internet access is available at all libraries in the borough.





Works have started in Marsh Lane, but you can still take a walk through the park

## Parks' 2012 facelifts

- Olympic-funded improvements begin at Marsh Lane and Abbotts Park
- Both areas to be improved in time for London 2012 Games

**Olympic-funded improvements to two of Leyton's largest sports and play areas got underway at the end of January, and Waltham Forest's Councillors were on site to see for themselves as the first spade went into the ground and work began.**

Marsh Lane Playing Field and Abbotts Park are being improved thanks to the Council's deal with the Olympic Delivery Authority (ODA) for use of Drapers Field during the 2012 Games.

The work commenced on Friday 27 January with Council Leader Chris Robbins visiting the site along with local ward Councillors and representatives from contractors The Landscape Group.

Cllr Chris Robbins told Waltham Forest News: "The improvements to both Marsh Lane and

Abbotts Park will be a great boost to the local area. When the works are completed I'm sure residents will appreciate the difference whether they use the pitches regularly or just enjoy strolling in the park with their children and using the play equipment.

**"The improvements to both Marsh Lane and Abbotts Park will be a great boost to the local area."**

"There's a great deal of investment going into the borough's parks and green spaces at the moment, and this is just the latest development for residents of every age."

Areas of both Marsh Lane Playing Field and Abbotts Park will be closed while The Landscape Group carries out the works to make sure the facilities are in tip top shape in time for

the London 2012 Games. Marsh Lane Playing Field will have a new sports pavilion; including changing rooms and community facilities, nine new football pitches, new children's play facilities, landscaping and improved access from

Marsh Lane and Seymour Road. There will also be improved security thanks to new lighting.

Abbotts Park will benefit from a refurbished pavilion and landscaping. The latest improvement works are in addition to work already underway to install new tennis facilities at Abbotts Park, which will open in spring.

The refurbishment will see the courts re-surfaced,

better laid-out and easier for residents to get to, while two mini-courts will be created to help hone the skills of young Murrys and Nadals in the making.

As well as bringing the courts up to spec, the Council is keen for the site to become a beacon for tennis development locally and help build the skills and aspirations of future champions.

The new tennis courts will be open in the spring, with the other improvements to Abbotts Park and Marsh Lane Playing Field finishing in time for the London 2012 Olympic and Paralympic Games.

### More info

For more information visit [www.walthamforest.gov.uk/2012games](http://www.walthamforest.gov.uk/2012games). Free internet access is available at all libraries in the borough.

## In brief

### Welcome to Waltham Forest

Residents who signed up to volunteer during the 2012 Olympic and Paralympic Games and help welcome visitors to Waltham Forest have started their training. The first 40 volunteers attended the first of three workshops at Vestry House Museum last weekend to learn more about how they'll be welcoming the world to Waltham Forest. The greeters will be stationed at train and tube stations and town centres and will give a warm welcome to visitors and will provide information on the local area, help with directions and advice on transport options and any logistical issues like particularly crowded areas. As residents the volunteers can tell visitors about local attractions, places of interest and shops, cafes and restaurants. There is still a small number of places available on the programme, so if you want to be a part of the Games in Waltham Forest, get in touch.

• For more information visit [www.walthamforest.gov.uk/2012games](http://www.walthamforest.gov.uk/2012games) or phone 020 8496 3000.



### London Youth Games

British diver Peter Waterfield visited three secondary schools in Waltham Forest last week to encourage pupils to take part in the 2012 London Youth Games. Peter visited Buxton School, Rush Croft Sports College and Chingford Foundation School, where he talked to pupils about his life as an Olympic diver and about competing in the London Youth Games when he was a teenager. Waltham Forest Council will put together a team from Waltham Forest to compete in the 2012 London Youth Games, which includes all 33 London Boroughs. You can represent Waltham Forest if you live or go to school in the borough and excel at a particular sport.

• For more information visit [www.walthamforest.gov.uk/london-youth-games](http://www.walthamforest.gov.uk/london-youth-games) or phone 020 8496 3000.

### BMX Roadshow

If your children have been inspired by British BMX champion Shanaze Reade and fancy themselves as future cycling stars then one half term activity is bound to get them 'wheely' excited. A BMX roadshow will visit Cheney Row, Walthamstow, E17 5ED on Tuesday 14 February. Run by Access Sport, in partnership with Chain Reaction Cycles, the roadshow will visit the five Olympic host boroughs during half term. Young people can get free BMX coaching from 11am to 1pm.

• For more information visit [www.accesssport.org.uk](http://www.accesssport.org.uk) or phone 020 7993 9884.



# What's On

## The Big6 Waltham Forest It's happening here

Celebrations are well under way as Waltham Forest prepares to be a Host Borough to the London 2012 Olympic and Paralympic Games.

Your Council is putting on six fantastic free events for residents with something exciting for everyone to enjoy. Our next event is Party on the Pitch, Saturday 19 May 2012, at Leyton Orient Football Club.

Register at [www.walthamforestbig6.co.uk](http://www.walthamforestbig6.co.uk) to be in with a chance of getting tickets and for more information.

## Sports and fitness

### New Year Re-Boot Camp

**Tuesdays and Thursdays, 7-8pm**  
North Chingford Methodist Church  
Lose weight, get fit and tone up with this comprehensive 12 week package. It includes: establishing your goals, two resistance workout classes per week, full nutritional support and advice, exercise prescriptions to complete in your own time and motivational emails/texts to keep you going. New Courses start every week. **For more information visit [www.onestopfitness.co.uk](http://www.onestopfitness.co.uk) or phone 07956 695077**



### Zumba Fitness with Michelle

**Tuesdays, 8-9pm**  
Cornerstone Church, Canterbury Rd, Leyton. **Wednesdays, 1-1.45pm**  
St Edmunds Church Hall, 216 Chingford Mount Rd  
**Thursdays, 7.30-8.30pm**  
Chingford Rugby Club, Waltham Way, Come along, try any class and get 50% off with this advert.  
**For more information please phone Michelle on 07869 128 186**

or email [michellezumbafitness@hotmail.co.uk](mailto:michellezumbafitness@hotmail.co.uk).

### Wadham FC football training

**Every Wednesday, 5-6pm**  
Wadham Lodge, Kitchener Road, E17 4JP (just off the Billet Roundabout)  
Wadham FC is a Youth Charter Standard family football club. We currently have space for children between the ages of 6-8 years old to join in our training sessions. Children of all abilities and levels are welcome. All our coaches are FA qualified and CRB checked. Taster sessions are available free of charge.  
**For more information phone Paula on 07980 347772 or visit [www.clubwebsite.co.uk/wadham](http://www.clubwebsite.co.uk/wadham)**

### Belly dance fitness

**Tuesdays, 7.10pm – 8.10pm**  
YMCA, 642 Forest Road, E17  
Raqs Sharqi (belly dance) is the sensual female dance form of the Middle East and Egypt. Come and learn fantastic new moves, improve health and fitness, core stability, posture and confidence in a relaxed women only group with Mumtaz, a professional dancer and experienced teacher. All abilities aged 16 and over welcome. Please bring a scarf. £6.50 per session or free to YMCA members. **Email [Raqs@mail.com](mailto:Raqs@mail.com) or phone 07799 135981 for more information.**

### Pilates classes

**Every Wednesday, beginners 6.50pm, general level 7.50pm**  
Leyton Parish Church Hall, Lindley Rd, Leyton. Pilates classes for beginners and general level. £45 for a block of 6 classes. **For more information email [alison@abpilates.co.uk](mailto:alison@abpilates.co.uk), phone 07976 404783 or visit [www.abpilates.co.uk](http://www.abpilates.co.uk).**

### Think Fit women only fitness and gym workout

**Every Wednesday, 7-8pm**  
Leyton Sixth Form College, Essex Road, Leyton, E10 6EQ  
Come along and find out how to use the fitness equipment in a female-only environment with female instructor. All abilities welcome, £1 per session. **For more information phone 020 8365 5138 or email [thinkfit@tottenhamhotspur.com](mailto:thinkfit@tottenhamhotspur.com).**

### Fun Female Fitness

**Every Tuesday, 6-7pm**  
Leyton Sixth Form College, Essex Road, Leyton, E10 6EQ  
Multi sports session including basketball, badminton, table tennis, football, fitness, all to music. All abilities welcome, £1 per session.  
**For more information phone 020 8365 5138 or email [thinkfit@tottenhamhotspur.com](mailto:thinkfit@tottenhamhotspur.com).**

### LJ's Line Dance Club

**Friday 10 February, 8-10.30pm**  
The Chandos Centre, Colegrave Road, Stratford, E15  
Line Dance class. Beginners to intermediate/advanced, all levels and ages welcome. £5 to dance £1 for spectators. **For more information phone Lisa on 07958 788292.**

### Kelmscott 2 vs 2 open run

**Wednesdays 7pm-8pm**  
Kelmscott Leisure Centre, 243 Markhouse Road, Walthamstow, E17 8RN. Recreational free Basketball Scrimmage.  
**For more information email [onebouncebasketball@live.co.uk](mailto:onebouncebasketball@live.co.uk).**



### Yoga classes

**Thursdays, 7.30-8.30pm**  
St Patrick's Church Hall, Blackhorse Road, E17 6NH  
**Saturdays, 9-10am**  
St Andrews Church Hall, St Andrew's Rd, E17 6AR. Beginners welcome.  
**For more information phone Nicholette on 07962 424-460.**

### Forest Flyerz disability hockey sessions

**Tuesdays, 7-8pm**  
Walthamstow Academy, Billet Road, E17 5DP. Forest Flyerz is a free service which enables kids with a range of learning difficulties and/or disabilities to participate in coaching and fun hockey activities in a safe, caring and enjoyable environment. Featuring Zone Hockey and Quicksticks, this is open to kids of all abilities. Free of Charge.  
**For more information phone Pani Theodorou on 07985 109 002 or email [flyerz@walthamforesthc.co.uk](mailto:flyerz@walthamforesthc.co.uk).**

### Free rugby open day

**Sunday 12 February, 10.30am-12noon**  
Wanstead RFC, Roding Lane North, Woodford Green, IG8 8JY  
Wanstead RFC is holding a free rugby open day for ages under 5 to under 16 and for players of all abilities. Our coaches are all CRB and RFU qualified. Bar and Kitchen will be open for refreshments and food. Please phone Harry or Nancy on 020 8527 4469 or email [h.skinner07@ntlworld.com](mailto:h.skinner07@ntlworld.com) for more information.

### Tell us what's on

[walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk)

## Clubs and community

### Social club for adults with learning difficulties

**Monday 20 February, 7-10pm**  
Walthamstow Cricket Club, 48a Greenway Avenue, E17 3QN  
Relax, dance and meet friends. Licensed bar available, ample parking and disabled access.  
**For more information phone Simon on 0208 509 7243, email [Customisedcareservices@btconnect.com](mailto:Customisedcareservices@btconnect.com) or visit [www.customisedcareservices.co.uk](http://www.customisedcareservices.co.uk).**

### Leytonstone Green Drinks

**Wednesday 15 February, from 8pm**  
The Old Red Lion, 640 High Road, Leytonstone E11 3AA  
Are you green and eco-minded? Do you want to meet others with the same interests? Then come along on the 15th of any month and enjoy good company and great beer at the best boozier in Leytonstone.  
**Phone 07747 014 235 for more information.**

### Community local produce stall

**Every Saturday, 11am – 3pm**  
St John's Church, Church Lane, Leytonstone (between the church and Matalan, just off the High Road)  
A stall selling delicious, locally grown organic fruit and vegetables, and other local produce. A partnership between Organiclea and Transition Leytonstone. **For more information email [info@transitionleytonstone.org.uk](mailto:info@transitionleytonstone.org.uk) or phone 020 8556 0885.**

### St Gabriel's family day event

**Saturday 11 February, 2-5pm**  
St Gabriel's Church and Family Centre, Havant Road, E17 3JF.  
We will be holding one of our popular family events. There will be lots of craft, fun and games. **For more information phone 020 8539 7505.**

### Free course for dyslexic adults

**Wednesdays until 31 March, 6.30-8.30pm**  
Leyton Sixth Form College, Essex Road, E10 6EQ  
The 5 week course is repeated in January, February and March. Waltham Forest Dyslexia Association has received funding from the

Evening Standard's Dispossessed Fund and will be running five week courses. The final course session will be on the last Saturday of the month from 10am-1pm. **To book a place email [Helenbigham@hotmail.co.uk](mailto:Helenbigham@hotmail.co.uk).**

### Waltham Forest Blind Association

**Tuesdays, 1-4pm**  
Community Place, 806 Leyton High Road, E10 6AE  
Are you visually impaired? Have you got sight loss? Are you looking for support? We are happy to help you and run a drop-in centre every Tuesday. **For more information phone Waltham Forest Blind Association on 020 8556 0355, email [wfb@walthamforest.gov.uk](mailto:wfb@walthamforest.gov.uk) or visit [www.wf-ba.co.uk](http://www.wf-ba.co.uk)**

### Tell us what's on

Call 020 8496 3000

## Culture and crafts

### Craft Fair

**Saturday 31 March, 12-4pm**  
Chingford British Legion Club Back Hall, Hall Lane, Chingford E4 8HW  
Sellers £5 in advance or £7 on the day for a table (set up from 11am). Buyers 20p entrance fee. Refreshments available. Proceeds to the Chingford Poppy Appeal.  
**For more information phone Emma on 07958 479305.**

### Jools Factor - Vocal Coach

All aspects of singing technique tuition, performance guidance and vocal health advice offered to singers of all ages. As an experienced singer (Polydor records) and accredited singing coach, Jools will help you to develop your voice, build confidence, and discover your true potential. Special New Year discount is currently on offer. **Please phone 07539 406097.**

### Pyrography workshop

**Saturday 18 February, 9.45am-1pm**  
Chingford Horticultural Society Hall, Larkshall Road, Chingford, E4 6PE  
Pyrography is the technique of decorating wood or leather by burning a design on the surface with a heated metallic point. You do not have to be artistic. Workshop is for beginners and improvers and costs £25. **To book your place or make enquiries phone Janet on 020 8559 4424, email [info@thewoodcrafter.co.uk](mailto:info@thewoodcrafter.co.uk) or visit [www.thewoodcrafter.co.uk](http://www.thewoodcrafter.co.uk).**

### Flute and Saxophone lessons

Flute and Saxophone teacher, able to teach all ability levels. Based in the Forest Gate area, and a student at the Guildhall School of Music. Able to travel or can teach at home. Experienced teacher, can also teach music theory, and able to submit students for exams if required. Group lessons can be arranged. £20 per hour or £10 per half hour.  
**For more information email [katie\\_r\\_miner@hotmail.com](mailto:katie_r_miner@hotmail.com) or phone 07875 510987.**

### The Soul Factor Finale

**Friday 10 February, 7pm**  
The Soul Project, 245 Wood Street, E17 3NT. We have chosen our 10 finalists who will be singing to be crowned Soul Factor Winner 2012. Auditions were tough and we saw hundreds of children sing, but we're sure that the finalists we've gone for will impress you. It's free to attend (but a voluntary donation would be fantastic to show your support). Refreshments will be available.  
**For more information phone 0870 626 0712, email [kimble@thesoulproject.com](mailto:kimble@thesoulproject.com) or visit [www.thesoulproject.com](http://www.thesoulproject.com).**

### Beginner's jewellery making

**Thursday 9 February, 6-9pm and Saturday 11 February, 10am-1pm**  
124 Farnam Avenue, E17 4NH  
Half price offer for February. Introductory workshop £15 (normally £30) Limited to first 5 bookings only. Also a variety of other wire and beads workshops. **Phone Birgit on 020 8531 4002 or visit [www.walthamstowjewellerygroup.webs.com](http://www.walthamstowjewellerygroup.webs.com).**

### College Amateur Operatic Society rehearsals

**Tuesdays and Thursdays, 7.30-10pm**  
Waltham Forest College, Forest Road, E17. We are looking for new members to take part in our July production of 'Sweet Charity' at the Kenneth More Theatre, Ilford. If you enjoy singing, acting and especially dancing, get in touch. **Please phone Doreen on 020 8539 9474, email [damedoreen@yahoo.co.uk](mailto:damedoreen@yahoo.co.uk) or visit [www.collegeoperatic.co.uk](http://www.collegeoperatic.co.uk).**

### CADOS presents 'Stepping Out'

**Wednesday 15 to Saturday 18 February, 7.45pm**  
Mornington Hall, The Green Walk, Chingford, E4 7EU  
CADOS presents Harris' delightful comedy about a tap dancing class. Our intimate theatre has raked



seating, a licensed bar and a warm welcome. Competition in the programme to win back the price of your tickets (max 2). Tickets £8.50 or Seniors £7.50 (Wednesday only). Email [cadoschingfordbox@hotmail.co.uk](mailto:cadoschingfordbox@hotmail.co.uk). Phone 020 8524 4380 or visit [www.ticketsource.co.uk/cadoschingford](http://www.ticketsource.co.uk/cadoschingford).

### Sing Away on Saturday

**Saturday 18 February, 10.30am-12.30pm**  
Quaker Meeting House, 1a Jewel Road, E17 4QU. Gospel family special with Andrea Encinas of British Gospel Arts. Bring the children along to sing popular black inspirational and gospel music taught in authentic gospel singing style across genres of RnB, soul, funk and reggae. Half-term singing fun for the whole family! Adults £10 or £8 in advance and children £5 or £4 in advance. To find out more phone Julia Clarke on 0208 521 2257 or 07801756863, email [julijubilada@gmail.com](mailto:julijubilada@gmail.com) or book directly through [TheTicketSellers.co.uk](http://TheTicketSellers.co.uk).

### Baby life drawing classes

**Days, times and venues vary**  
A creative drawing class for parents and carers of new babies. Improve your observation and drawing techniques and take away with you a very special memento of this precious time. Class costs £8 per adult or £12 for couples. Limited spaces available so advanced booking recommended. For more information please phone Rebecca Page on 07828 432074 or email [rebeccakpage@yahoo.co.uk](mailto:rebeccakpage@yahoo.co.uk).



### E17 Jazz

**Wednesday 15 Feb, 8.30-11pm**  
Walthamstow Cricket Club, 48a Greenway Avenue, E17 3QN  
Nick Tomalin Trio featuring Nick Tomalin – Piano, Dominic Howles – bass, Matt Fishwick – Drums, Entry £5. For more information visit [www.e17jazz.com/whatson/](http://www.e17jazz.com/whatson/)

### Forest Philharmonic Concert

**Sunday 19 February, 6.30pm**  
Walthamstow Assembly Hall, Forest Road, E17 4JF

Strauss Der Rosenkavalier Suite, Mozart Sinfonia Concertante for violin and viola, Arnold Symphony No.5. We are delighted to feature two of the orchestra's professional principals in this concert, followed by Malcolm Arnold's Fifth Symphony, romantic and Mahlerian in style. Tickets Stalls £10 (concessions £8) and Balcony £14 (concessions £11). To buy tickets email [tickets@forestphilharmonic.org.uk](mailto:tickets@forestphilharmonic.org.uk). Tickets are also available on the night at the Assembly Hall box office.

### Witch Hunt Exhibition

**Wednesdays to Sundays until 25 March, 10am-5pm**  
Vestry House Museum, Vestry Road, Walthamstow  
A new exhibition comes to Vestry House Museum exploring the East Anglian witch-hunt of 1645-47. For more information visit [www.facebook.com/events/284768744908263](http://www.facebook.com/events/284768744908263).

### Tell us what's on

[walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk)

## Children and young people

### Free junior indoor rowing

**Wednesdays, 6-7pm**  
Leyton Leisure Lagoon, 763 High Road, Leyton, E10 5AB  
Waltham Forest Council is running free indoor rowing training for 11-16 year olds with a focus on building both indoor and outdoor teams for the 2012 London Youth Games. Following their success last year (4 bronze medals and 1 silver medal), they are looking for new enthusiastic members to join the squad. No previous experience is necessary. Free of Charge. For more information phone Matt Lovell on 07909 913 121 or email [youth@walthamforesthc.co.uk](mailto:youth@walthamforesthc.co.uk).

### E17 Junior Guitar Club

**Saturdays, 10am-12noon**  
Hornbeam Centre, 458 Hoe Street Walthamstow E17 9AH  
Guitar playing fun for children of all abilities. Varying groups and levels. We perform regularly. Pay £7 for a taster session, then £42 for a half-term of six lessons. For more information phone Christian Karlsson on 07958 471083 email [chris@stunningmusic.com](mailto:chris@stunningmusic.com) or visit [www.stunningmusic.com](http://www.stunningmusic.com).

### E17 Baby Massage

**Starts Tuesday 14 February, 12pm**  
Barrett Road, Walthamstow  
Learn the skill of baby massage in a relaxed and friendly home environment. This is a five week course that teaches parents/carers how to do a full body massage routine with their baby. This includes specific massage strokes to help relieve common infant ailments such as colic, wind, teething, nasal and chest congestion. Class size of 6 parents/carers with baby aged 6 weeks to pre-crawling. Each class lasts up to an hour and finishes with cake, biscuits and a cuppa. £48 for course. Phone Madeline Widerberg on 07967 108451, email [Madeline@e17babymassage.co.uk](mailto:Madeline@e17babymassage.co.uk) or visit [www.e17babymassage.co.uk](http://www.e17babymassage.co.uk).

### The Magical Marvellous Pet Show

**Thursday 16 February, 1pm for 3-5 years, 2pm for 5-7 years**  
The Mill, Coppermill Lane, E17  
This half term children visiting The Mill will be able to make their very own bean bag pet, and give it a name and a story. Parents



can enjoy a coffee at the Mill or do some shopping, then come back 45 minutes later to watch the pets show off their tricks in the Magical Marvellous Pet Show. There are just 10 places for each show. Tickets are £6 and include your bean bag pet to take home. Book now at [bookwhen.com/growyourowntheatre](http://bookwhen.com/growyourowntheatre) or phone 07541 082552.

### Melody Bear Dance Every Friday

Shern Hall Methodist Church, E17  
Dance and movement for children aged 2 and over. Each course lasts 6 weeks, and involves dance, movement, dressing up and music. Collect stickers to complete a work card. On completion of two courses, a medal is received. £4.50 per week. Places are limited to 8 per class. To book phone Nicola on 07814 781642 or email [aerodance@hotmail.co.uk](mailto:aerodance@hotmail.co.uk)

### Staying Positive Workshops

**Thursday 16 February, 11am-4pm**

Barnardos Hamara Family Project, 1b Priory Avenue, E17 7QP  
Workshop for young people between the age of 12 – 18 years old with long term health conditions. Free to all young people. Lunch and refreshments included. For more information phone Sharlene on 07595 272465 or 0800 988 5550.

### Children's Valentine Party and Disco

**Friday 10 February, 5-8pm**  
Chingford Assembly Hall, The Green, Station Road, E4 7EN  
Children's valentine party and disco with Jungle Book fancy dress theme for 5-11 year olds. A limited number of younger children will be considered, but all children must be accompanied by an adult. Entry is £5. For more information please contact Irene Bull on 020 8559 4500, email [irenebull@hotmail.co.uk](mailto:irenebull@hotmail.co.uk) or visit [www.chingfordevents.com](http://www.chingfordevents.com).

### Children and Young People's Directory

Compiled by the Council's Family Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all

### Tell us what's on

Call 020 8496 3000

## Community Ward Forums

### Markhouse

**Wednesday 8 February, 7-9pm**  
Edinburgh School, 97 Queens Road, Walthamstow, E17 8QS

### Hale End and Highams Park and Hatch Lane

**Thursday 9 February, 7-9pm**  
Longshaw Primary School, 18 Longshaw Road, Chingford, E4 6LH

### Chingford Green and Endlebury

**Monday 20 February, 7.30-9.30pm**  
Chingford Assembly Hall, Station Road, Chingford E4 7EN  
Arrival, refreshments and informal talk with Councillors and Safer Neighbourhood Team from 7pm

For more information on Community Ward Forums visit [www.walthamforest.gov.uk/community-ward-forums](http://www.walthamforest.gov.uk/community-ward-forums)

## Council Meetings

### Tuesday 7 February

Standards Committee  
Planning Committee

### Wednesday 8 February

Health, Adults and Older Persons Scrutiny

### Thursday 9 February

Overview and Scrutiny Management Committee

All meetings are held at Waltham Forest Town Hall and start at 7.30pm unless stated otherwise.



## Calling all children's groups

We need more of you to tell us what's happening in your children's and young people's groups.

Do you offer activities or run classes? Are you looking for volunteers? Let us have the details and we'll do our best to include them on our What's On pages.

Send them to: [walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk)



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# Services

## Showcasing the William Morris Gallery

**Residents, businesses from across the borough and a host of VIPs joined Council Leader Chris Robbins and staff from the Council's museum and gallery service for two special William Morris themed events in central London last month.**

Over 100 representatives from schools, community groups and art organisations attended a special private view exhibition on Monday 16 January. Meanwhile MPs, business owners and national arts and cultural groups were invited to a special business breakfast on Wednesday 25 January.

As well as seeing the William Morris Gallery collection in the stunning surroundings of Two Temple Place, everyone attending heard how the redevelopment is progressing, how it is being funded and how the new gallery will be an invaluable resource for generations to come. Refurbishment and extension will provide more exhibition space, a new tearoom, a learning centre with school space, library and meeting room.

When the project is complete in July 2012, far more



Visitors saw the William Morris Gallery collection in the stunning surroundings of Two temple Place

works of art will be on display, the galleries will have been completely renovated and all facilities will be fully accessible. An exciting and informative programme of activities and events will be created.

Items from the William Morris Gallery have been on display at a prestigious exhibition at Two Temple Place since last year. Although that exhibition has now ended there is still the chance to see items from the William Morris Gallery at a new exhibition at Leyton Library that runs until Saturday 18 August.

The William Morris Gallery will reopen in summer 2012 when the redevelopment project has finished.

Despite funding grants of around £4 million from the Heritage Lottery Fund, the Council and support from The Monument Trust and The Foyle Foundation. The Gallery needs your support, as there is still almost £650,000 to raise towards the cost of the redevelopment project.

You can make a donation by cash, cheque or credit card and show your appreciation and dedication to the gallery.

### More info

For more information visit [www.walthamforest.gov.uk/wmg](http://www.walthamforest.gov.uk/wmg) or phone 020 8496 3000



Vestry House Museum was built in 1730

## Vestry House Museum

- As well as fabulous exhibitions museum offers community rooms for hire
- Why not choose Vestry House for your meeting, event, or party?

**Walthamstow's Vestry House Museum has had a long and interesting history since its construction in 1730. Over the years it has been used as a work house, home of the Walthamstow Literary and Scientific Institute, and as a police station.**

And as well as being one of the borough's two fabulous Council-run museums and galleries, Vestry House is also acting as a venue to hire for all sorts of functions, meetings

and celebrations. Located in Vestry Road, Walthamstow Village, the museum has even applied for a licence for weddings and civil partnership ceremonies.

Although the main house cannot be hired, the museum boasts a fabulous community room with glass doors that open out onto the award-winning garden.

The room is available to hire from Tuesday to Sunday between 9am and 10pm. The maximum capacity is 80 people standing or

up to 50 guests at seated events. And with adjoining kitchen facilities available the room makes a great venue whether you're hosting a meeting for 6 or a sit down lunch for 50.

The room has been used for every imaginable event from meetings and birthday parties to craft fairs and naming ceremonies. Charitable organisations and voluntary groups are able to receive a discount.

While the museum garden is not available for hire, community room users are welcome to enjoy it alongside museum visitors. The beautiful planting is inspired by the garden's history as an eighteenth-century workhouse garden.

The garden is maintained by group of dedicated volunteers. If you've got green fingers – are a keen beginner – contact the museum to find out about volunteering.

And all this is in addition to the brilliant permanent

exhibitions on display.

Visitors can explore life past and present through displays on domestic life, local history, fashion and toys and games. See the Victorian parlour, get locked up in the police cell or search the Waltham Forest Archives and Local Studies Library, which are also based at the museum.

But the jewel in the museum's crown is the Bremer car. Built locally by engineer Frederick Bremer in 1892 it is one of the oldest British-built petrol driven cars. Whether you are interested in finding out more about the local area or just wish to hire somewhere unique and beautiful for your meeting or celebration, Vestry House Museum is sure to offer something for all.

### More info

For more information visit [www.walthamforest.gov.uk/vestry-house-museum](http://www.walthamforest.gov.uk/vestry-house-museum) or phone 020 8496 4390.



The Community Room can be hired for special celebration events, as well as meetings.



# Keep Warm and Well in Waltham Forest

## Make yourself warmer

- Wear several thin layers, rather than one thick layer. This is because they trap warm air close to the body
- Draw your curtains, as soon as it gets dark to stop the heat escaping and the draughts coming in
- Keep any windows and internal doors closed when it's cold – this will keep heat inside, where you most need it
- A lot of heat is lost through the head and neck, so if you're chilly indoors, try wearing a hat and scarf
- Your body keeps warm burning food you've eaten, so make sure you have regular hot meals that contain carbs, such as potatoes, pasta, bread and rice. Try porridge with hot milk for breakfast and soups and stews for lunch and dinner
- If you're sitting down, a shawl or blanket will provide extra warmth. You should also try to keep your feet up, because air is cooler at ground level
- Wear warm clothes in bed. When it's really cold, wear thermal underwear, bed socks and even a hat
- Fit thermal linings to your curtains if you can – this will also help to keep the heat in
- Check out the benefits and grants available to help with insulation and energy efficiency, such as cavity wall insulation

## Keep moving

Staying active is not only essential for your general wellbeing and fitness – it also generates heat and helps to keep you warm. So when you're indoors, try not to sit still for more than an hour. Get up and walk around, make yourself a warm drink, and spread any chores throughout the day. Chair-based exercises and simply moving your arms and legs and wiggling your toes are helpful if walking is difficult.

## Other ways to keep the fuel bills down

- Turn off lights when you're not in the room
- Don't leave electrical items, like the TV and DVD player, on standby – switch them off
- Only boil as much water in a kettle as you need
- Use a 30°C programme on your washing machine
- Turn off any electrical chargers once your appliance is at full power, such as a laptop or mobile phone
- Don't block your radiators – it cuts the heat they give out
- If you have a dishwasher, fill it fully before using it, so it's more energy efficient.

## What to stock up on

If you can afford it, you'll feel more relaxed if you stock up for the winter months. Try to have a store of these, in case you have trouble getting out of the house.

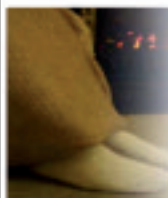
- Batteries for your smoke alarm
- Salt or sand for icy step and pathway
- Tinned fruit and veg – it's just as nutritious as the fresh kind
- Cold and flu medicines, as well as any repeat prescriptions
- Pasta and rice will last through the winter months, so stock up now

*Look out for more information in the local press on drop ins and event where you can get more information and advice on Keeping Warm Keeping Well or visit [www.ageukwalthamforest.org.uk](http://www.ageukwalthamforest.org.uk)*

**Age UK Waltham Forest, The HEET Project, Streetlife Radio and Waltham Forest Council working in partnership The Department of Health has provided funding to Keep Warm and Well in Waltham Forest, assisting with the provision of these initiatives**

## The Keep Warm Keep Well Appeal

Did you know? 40,000 more people die in winter than in summer in Britain. In Waltham Forest, many older people live in cold homes prone to circulatory, respiratory and other illnesses, many experience worsening symptoms of long-term conditions -such as pain from arthritis. They are scared to turn up their heating because of the additional costs.



Keep Warm and Well in Waltham Forest aims to provide help and support to prevent ill-health and deaths during the winter months. Age UK Waltham Forest is appealing for donations to fund help and support for older people in Waltham Forest this winter and in winters to come. Every £ helps – please donate now! Cheques and Postal orders should be made out to Age UK Waltham Forest (KWAW) and mailed to Age UK Waltham Forest, Peterhouse Centre, 122 Forest Rise, E17 3PW. To donate on-line, please go to [www.ageukwalthamforest.org.uk](http://www.ageukwalthamforest.org.uk) To donate by phone, telephone 020 8558 5512.



# GET YOUR HE<sup>♥</sup>RT IN SHAPE

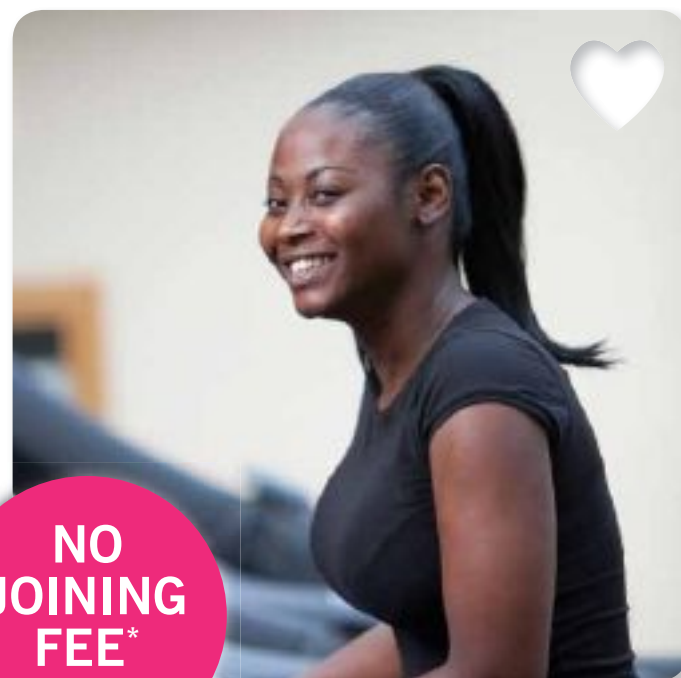
# Open Weekend

## 11 & 12 February 2012

To celebrate Valentines Day GLL operated leisure centres in Waltham Forest are running an open weekend offering **FREE activities** for Waltham Forest residents!

There will be a variety of activities to choose from ranging from swimming, group exercise classes and taster gym session. We will be offering 100% off joining fee on prepaid memberships\* throughout the weekend, so why not fall in love with exercise? Please see programme below for activities taking place at the leisure centres.

\*Terms and conditions apply. No Joining fee, no contract is valid on all Wellness prepaid memberships except Premier Wellness, swim/gym LONDON. Offer is valid until 29 February 2012 to non members only. Offer for taster sessions is valid between 11-12 February 2012.



**NO  
JOINING  
FEE\***  
on prepaid memberships

[www.gll.org](http://www.gll.org)

### CATHALL LEISURE CENTRE

#### SATURDAY 11 FEB 2012

ACTIVITY TARGET	SESSION	AREA	TIME
Under 6's	Play zone (soft play session)	Playzone	9.00am-12.00noon
Adults	Free learn to swim	Pool	11.30am-12.30pm
All age groups	Free swim session	Main Pool	11.00am-12.00noon
** Adults	Gym Taster	Fitness Studio	10.00am-3.00pm
** Juniors	Gym Taster	Fitness Studio	1.00pm-2.00pm
* Adults	Dance Zumba	Studio	12.00noon-1.00pm
All ages Groups	Squash	Squash courts	1.00pm-4.00pm

#### SUNDAY 12 FEB 2012

Under 6's	Play zone (soft play session)	Playzone	9.00am-12.00noon
Adults	Free Learn to swim	Pool	10.30am-11.30pm
All age groups	Free swim session	Main Pool	10.00am-12.00noon
** Adults	Gym Taster	Fitness Studio	10.00am-3.00pm
** Juniors	Gym Taster	Fitness Studio	1.00pm-2.00pm
* Adults	Aerobics/ Step Taster	Studio	11.00pm-12.00noon
All ages Groups	Squash	Squash courts	1.00pm-4.00pm

\* Free Group Exercise Sessions for non members. \*\*Free mini inductions to take place for Juniors and Adults (11-15yrs for Juniors over 16's for Adults). All activities must be booked in advance.

### KELMSCOTT LEISURE CENTRE

#### SATURDAY 11 FEB 2012

ACTIVITY TARGET	SESSION	AREA	TIME
Adults	Brazilian Dance	Studio	10.00am-10.45am
Adults	Guest Pass induction	Fitness Room	11.45am-1.30pm
5-8yrs	Soft Play Sessions	Gymnasium	1.00pm-3.00pm
50+	Fresh Start Aerobics	Studio	11.00am-11.45am

#### SUNDAY 12 FEB 2012

Adults	Brazilian Dance	Studio	1.00pm-1.45pm
Adults	Brazilian Dance	Studio	2.00pm-2.45pm
14+	Latino Dance	Studio	11.00am-12.00noon
8+	Football Coaching	Football Pitch	2.00pm-5.00pm

• Please note that the following will also happen on Saturday & Sunday. Free Group Exercise Sessions for non members. Free mini inductions to take place for Adult & Active (11-15yrs). The following sessions must be booked in advance: Group Exercise Sessions, 15 minute mini inductions.



# FOR VALENTINES!



## LARKSWOOD LEISURE CENTRE

### SATURDAY 11 FEB 2012

ACTIVITY TARGET	SESSION	AREA	TIME
Adults	Taster Zumba class	Studio	9.30am-10.00am
Over 8's	Introduction to Street Dance	Studio	12.00noon-12.30pm
Adults	Taster swim lesson	Main Pool	2.30pm-3.00pm Beginners 3.00pm-3.45pm Stroke Workshop
11-15 yrs	Active circuits	Studio	3.00pm-4.00pm
Over 8's swimmers only	Learn to dive session	Main Pool	3.00pm-3.30pm 3.30pm-4.00pm
Under 8's	Taster swim lesson	Small Pool	4.30pm-4.50pm 4.50pm-5.10pm

### SUNDAY 12 FEB 2012

Adults	Taster Zumba class	Studio	9.30am-10.00am
Adults & Juniors over 8's	Introduction to Karate	Studio	12.30am-1.15pm
Adults	Taster Zumba class	Studio	2.00pm-3.00pm / 3.00pm-4.00pm
Over 12's	Scuba Diving Taster	Main Pool	12.15pm-2.15pm (15min intervals)

• Please note that the following will also happen on Saturday & Sunday. Free Group Exercise Sessions for non members. Free mini inductions to take place for Adult & Active (11-15yrs). All sessions must be booked in advance.

## LEYTON LEISURE LAGOON

### SATURDAY 11 FEB 2012

ACTIVITY TARGET	SESSION	AREA	TIME
Disability	Swim	Pool	9.30am-10.30am
Under 16yrs	Free swim	Pool	10.30am-12.00noon
Disability (visual impaired)	Aerobiking	Plumtree	11.00am-11.45am
11yrs-15yrs	Junior Gym	Gym	3.00pm-5.00pm
11yrs-15yrs	Rowing	Gym	3.30pm-4.30pm

### SUNDAY 12 FEB 2012

16+ yrs	Step class	Plumtree	9.30am-10.30am
16+ yrs	Bums, Tums and Thighs	Plumtree	10.30am-11.30am
Family	Family swim	Pool	10.00am-12.00noon

• Please note that the following will also happen on Saturday & Sunday. Free Group Exercise Sessions for non members. Free mini inductions to take place for Adult & Active (11-15yrs).



#### 1 CATHALL LEISURE CENTRE

Cathall Road  
Leytonstone E11 4LA  
Tel: 020 8539 8343

#### 2 KELMSCOTT LEISURE CENTRE

243 Markhouse Road  
Walthamstow E17 8RN  
Tel: 020 8520 7464

#### 3 LARKSWOOD LEISURE CENTRE

Larkwood Leisure Park, New Road  
Chingford E4 9EY  
Tel: 020 8523 8215

#### 4 LEYTON LEISURE LAGOON INCLUDING PLUMTREE STUDIOS

763 High Road  
Leyton E10 5AB  
Tel: 020 8558 8858

#### 5 WALTHAM FOREST POOL & TRACK

170 Chingford Road  
Walthamstow E17 5AA  
Tel: 020 8527 5431

## WALTHAM FOREST POOL & TRACK

### SATURDAY 11 FEB 2012

ACTIVITY TARGET	SESSION	AREA	TIME
Step Aerobics	Group Exercise	Dance Studio	10.00am-10.30am
Body Conditioning	Group Exercise	Dance Studio	10.30am-11.00am
Aerobics	Group Exercise	Dance Studio	11.00am-11.30am
Bums, Tums & Thighs	Group Exercise	Dance Studio	11.30am-12.00noon
Girls & Boys	Table Tennis & Dance Mats	Studio	12.00pm-2.30pm
11+ yrs	Gym Sessions	Fitness Centre	2.00pm-4.00pm
Girls & Boys	Athletics	Track	Girls 12.00noon-2.00pm Boys 2.00pm-4.00pm
Family	Fun Swim	Pool	2.00pm-3.30pm

### SUNDAY 12 FEB 2012

5-15yrs	Fun Swimming	Poolside	9.00am-11.00am
11+ yrs	Gym Sessions	Fitness Centre	3.00pm-4.00pm
Over 50's	Table Tennis Refreshments	Studio	1.00pm-2.30pm
8+ yrs	Athletics	Track	1.00pm-3.00pm
Women & Girls	Swimming lessons	Pool	All 4.00pm-5.00pm

• Please note that the following will also happen on Saturday & Sunday. Free Group Exercise Sessions for non members. Free mini inductions to take place for Adult & Active (11-15yrs). Live DJ playing from 1.00pm-5.00pm.



Working in Partnership



# Public Notices

## Highways

**LONDON BOROUGH OF WALTHAM FOREST**  
**The extension of: - CROWNFIELD EXTENSION (CF)**  
**– HOLLYDOWN WAY; and The introduction of: -**  
**LEYTON WEST (LNW) ZONE & RUCKHOLT CLOSE**  
**(RC) ZONE CONTROLLED PARKING ZONES**  
**THE WALTHAM FOREST (CROWNFIELD CPZ**  
**EXTENSION) (PARKING PLACES)**  
**HOLLYDOWN WAY TRAFFIC ORDER 2012**  
**(LEYTON WEST CPZ) (PARKING PLACES)**  
**TRAFFIC ORDER 2012 (RUCKHOLT CLOSE CPZ)**  
**(PARKING PLACES) TRAFFIC ORDER 2012**  
**(WAITING & LOADING RESTRICTION)**  
**(AMENDMENT NO. \*) TRAFFIC ORDER 2012**

1. NOTICE IS HEREBY given that the Council of the London Borough of Waltham Forest, hereinafter called the Council, proposes to make the above-mentioned Orders under sections 6, 45, 46, 49 and 124 and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Orders would be to: -  
(a) extend the existing CROWNFIELD 'CF' controlled parking zone, so that HOLLYDOWN WAY, E10, would be absorbed into that zone and traffic orders, so to provide parking places and waiting restrictions respectively;

(b) create a controlled parking zone LEYTON WEST 'LNU' in which the waiting by vehicles, other than in provided parking places, will be prohibited where indicated by single yellow lines in certain lengths of ADELAIDE ROAD, DUNEDIN ROAD, LYTTLTON ROAD, OLIVER ROAD, RUCKHOLT ROAD and YORK ROAD on Mondays to Fridays inclusive between 10 a.m and 4.00 p.m;

(c) create a controlled parking zone RUCKHOLT CLOSE 'RC' in which the waiting by vehicles, other than in provided parking places, will be prohibited where indicated by single yellow lines in certain lengths of RUCKHOLT CLOSE on Mondays to Sundays inclusive between 10 a.m and 4.00 p.m; and  
(d) introduce double yellow line 'at any time' waiting restrictions, in certain lengths of the streets mentioned in paragraph 2(b) and 2(c) above.

3. The Orders will provide that business, charity, essential user/carer's, resident's, resident's foreign vehicle, school and visitor's permits may be issued, on payment of the appropriate charge and subject to certain conditions being met, to a person who is the registered keeper of either a vehicle having eight passenger seats or less, a goods-carrying vehicle or an invalid carriage. Motorcycles would be able to park in permit parking places, free of charge, without the need to display a parking permit. Notable criteria applying to the issue of permits are that applicants for: -

(a) a business permit or an all-zone business visitor's permit must be a business user in a street specified in paragraph 2, to this notice;

(b) an essential user/carer's permit must be a doctor or carer who either has a surgery in or works in the London Borough of Waltham Forest, or is employed by or contracted to the Council, or employed by or contracted to a health authority, or employed by the Metropolitan Police, or employed by the London Fire and Civil Defence Authority, or a company that services fire-fighting appliances; and for whom the use of a vehicle is essential to the carrying out of their public service duties in a street specified in paragraph 2, to this notice;

(c) a resident's permit must reside at an address in a street specified in paragraph 2, to this notice;

(d) a resident's foreign vehicle permit must reside at an address in a street specified in paragraph 2, to this notice and their vehicle be registered outside of the UK;

(e) a school parking permit must be a parent of a student enlisted at a school situated in or near to the streets specified in paragraph 2, to this notice; and

(f) a visitor's permit must be a resident (as referred to in paragraph (c) above) or a business user (as referred to in paragraph (a) above) and such permit is to be used by a bona fide visitor to their home or business premises.

4. The charges for "LNU and RC" permits (and where

appropriate by vehicle class) will be as follows: -

(i) Engine size less than 900cc registered before 1st March 2001 or CO2 emissions less than 120g/km registered after 1st March 2001

(ii) Engine size between 901cc and 3000cc registered before 1st March 2001 or CO2 emissions between 121 and 185g/km registered after 1st March 2001

(iii) Engine size more than 3000cc registered before 1st March 2001 or CO2 emissions more than 185g/km registered after 1st March 2001

**Resident's permit (first vehicle) (12 months)**

(i) £22.50 (ii) £30.00 (iii) £120.00

**Resident's permit (second vehicle) (12 months)**

(i) £42.00 (ii) £90.00 (iii) £210.00

**Resident's permit (more than two vehicles) (12 months)**

(i) £65.00 (ii) £150.00 (iii) £280.00

**Resident's temporary permit (1 month)**

(i) £15.00 (ii) £20.00 (iii) £100.00

**Resident's foreign vehicle permit (6 months)**

(i) £22.50 (ii) £45.00 (iii) £140.00

**School parking permit (12 months)**

(i) £20.00 (ii) £40.00 (iii) £120.00

**Other permits: -**

(1) All-Zone Business Visitor's Permit – book of 30 permits (valid for 1 hour each) £23, book of 20 permits (valid for 2 hours each) £30, and book of 10 permits (valid for 5 hours each) £40;

(2) Business Permit – 3 months £220.00, or first annual permit £390 and second annual permit £570;

(3) Charity Permit – first annual permit £40.00 and second annual permit £172;

(4) Essential User/Carer's Permit – 1 month £27, 3 months £60, 6 months £105, and 12 months £180; and

(5) Visitor's Permit – book of 30 permits (valid for 1 hour each) £14 or free to over-75s, book of 20 permits (valid for 2 hours each) £16, and book of 10 permits (valid for 5 hours each) £18.

5. Copies of the proposed Orders, of the Council's statement of reasons for proposing to make the Orders and of a plan showing the locations and effects of the Orders can be inspected during normal office hours on Mondays to Fridays inclusive, until the end of 6 weeks from the date on which the Orders are made, or as the case may be, the Council decides not to make the Orders, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) the Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.

6. Any person desiring to object to the proposed Order or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

**Dated: 6 FEBRUARY 2012**

**Mr. K. Valavan, Head of Highways and Infrastructure, Low Hall, Argall Avenue, E10 7AS.**

**LONDON BOROUGH OF WALTHAM FOREST**  
**(ALPINE ROAD, E10, BOARDMAN AVENUE, E4,**  
**BUCKINGHAM ROAD, E10, CAPWORTH STREET,**  
**E10, DEVONSHIRE ROAD, E17, EASTERN ROAD, E17,**  
**ESSEX ROAD, E10, GROVE ROAD, E17, HALFORD**  
**ROAD, E10, MAUD ROAD, E11, INSKIP CLOSE, E10,**  
**LEA BRIDGE ROAD, E10/17,**  
**LEYTON GREEN ROAD, E10, ODESSA ROAD,**  
**E7, OLIVER ROAD, E10, OSIER WAY, E10,**  
**PETERBOROUGH ROAD, E10, RADBOURNE**  
**CRESCENT, E17, SHERNHILL STREET, E17,**  
**THORNHILL ROAD, E10, VICARAGE ROAD, E10,**  
**WALNUT ROAD, E10, WARWICK ROAD, E17,**

**WEST END AVENUE, E10, WESTERN ROAD,**  
**E17 & WINDSOR ROAD, E10, ROAD WORKS)**  
**(TEMPORARY ROAD CLOSURE and SUSPENSION**  
**OF ONE-WAY WORKING ROAD TRAFFIC REGULATION**  
**ACT 1984 – SECTION 14 (1) ORDER**  
**as amended by the Road Traffic**  
**(Temporary Restrictions) Act 1991**

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that to facilitate ROAD WORKS on the roads mentioned above, that on **30 JANUARY 2012** they made a temporary ORDER, to enable road works to be carried out, because of the likelihood of danger to the public, or of serious damage to the road, which is not attributable to such works, the general effect of which would be, only at such times and to such extent as regulatory signs, to CLOSE the ROADS mentioned in paragraph 2(a) and suspend restrictions in 2(b).

2. Whilst the works are being carried out: -

(a) no person will cause or permit any vehicle to: ENTER, PROCEED or STOP on: -

ALPINE ROAD, BOARDMAN AVENUE, BUCKINGHAM ROAD, CAPWORTH STREET, DEVONSHIRE ROAD, EASTERN ROAD, ESSEX ROAD, GROVE ROAD, HALFORD ROAD, INSKIP CLOSE, LEA BRIDGE ROAD, LEYTON GREEN ROAD, MAUD ROAD, ODESSA ROAD, OLIVER ROAD, E10, OSIER WAY, PETERBOROUGH ROAD, RADBOURNE CRESCENT, SHERNHILL STREET, THORNHILL ROAD, VICARAGE ROAD, WALNUT ROAD, WARWICK ROAD, WEST END AVENUE, WESTERN ROAD and WINDSOR ROAD; and

(b) the following will be SUSPENDED, the ONE-WAY WORKING and the PRESCRIBED ROUTES into MAUD ROAD, E11.

3. Nothing in the Order will apply to:

(a) vehicle being used in connection with the execution of the said works or any public or utility vehicle;

(b) thing done with the permission or at the direction of a Police Constable in uniform or a Traffic Warden; and

(c) emergency service vehicles, subject to site conditions at the time of any emergency.

4. The parking arrangements specified will apply only during such times and to such extent as indicated by prescribed traffic signs.

5. The temporary restrictions or prohibitions imposed by the ORDER came into effect on 30 JANUARY 2012. The works are anticipated to be in progress for a period of 12 MONTHS, i.e. until end of end of JANUARY 2013. The order will remain in force for a period of 12 MONTHS, to allow for unexpected events and possible remedial works, whichever is the earlier.

6. Any vehicle parked or waiting in contravention of any restriction or prohibition imposed by the Order may be removed under the provisions of the Removal and Disposal of Vehicles Regulations 1986.

**Dated: 6 FEBRUARY 2012**

**Mr. K. Valavan, Head of Highways and Infrastructure, Low Hall, Argall Avenue, E10 7AS**

**LONDON BOROUGH OF WALTHAM FOREST**  
**PROPOSED INTRODUCTION OF DOUBLE YELLOW**  
**LINES, FREE PARKING & 20MPH SPEED**  
**RESTRICTION AMENDMENT OF LOADING/**  
**UNLOADING TIME LIMIT FOR WAITING**  
**RESTRICTIONS THE WALTHAM FOREST**  
**(WAITING AND LOADING RESTRICTION)**  
**(AMENDMENT NO. 13) ORDER 2012**  
**(FREE PARKING PLACES) (SHORT STAY)**  
**(AMENDMENT NO. 4) TRAFFIC ORDER 2012**  
**(20 MPH ZONE) (AMENDMENT NO. 1)**  
**TRAFFIC ORDER 2012**

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 6 FEBRUARY 2012 made the above-mentioned Order under sections 6, 84 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Orders will be to: -

(a) extend the existing time limit for loading/unloading activity from 20 minutes to 40 minutes whilst parked on the borough's waiting restrictions, in the borough's free short stay, pay and display, permit holder and permit

holder/voucher parking places and voucher; and  
(b) remove the existing unrestricted time limit for loading/unloading activity whilst parked on the borough's waiting restrictions before 11 am and after 6.30 pm.

(c) introduce:

(i) AT ANY TIME double yellow lines waiting restriction, on HIGHAM HILL ROAD;

(ii) FREE PARKING on, HIGHAM HILL ROAD, the east side, north of its junction with Green Pond Road, operational 8.00a.m. to 6.30p.m, 2 hours maximum stay with no return in 4 hours (2 bays); and

(b) incorporate HAINAULT ROAD into the surrounding 20 MPH ZONE.

3. Copies of the Orders, which will comes into operation on 30 JANUARY 2012 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17 and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

**Dated: 6 FEBRUARY 2012**  
**Mr. K. Valavan, Head of Highways and Infrastructure, Low Hall, Argall Avenue, E10 7AS**

## Planning

**LONDON BOROUGH OF WALTHAM FOREST**  
**TOWN & COUNTRY PLANNING**  
**(DEVELOPMENTMANAGEMENT PROCEDURE)**  
**(ENGLAND) ORDER 2010**  
**NOTICE UNDER ARTICLE 13**

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

**APPL.NO 2012/0079/OUT**

**APPLICANT** North East London NHS Foundation Trust

**ADDRESS** Stonelea; 33 Union Close; Leytonstone; E11 and Thornebury Day Unit; 3 Langthorne Road, Leytonstone; E11

**PROPOSAL** An Outline Application. Residential development at 2-4 storeys height of upto 58 residential units (13 x 1bed, 22 x 2bed, 18 x 3bed, 5 x 4bed), access, parking and associated works.

**LONDON BOROUGH OF WALTHAM FOREST**  
**PLANNING (LISTED BUILDINGS AND CONSERVATION**  
**AREAS) ACT 1990 - SECTION 67**

NOTICE IS HEREBY GIVEN that the following application affecting a Listed Building has been made to the Council.

**APPL.NO 2012/0081/LB**

**APPLICANT** North East London NHS Foundation Trust

**ADDRESS** Stonelea; 33 Union Close; Leytonstone; E11 and Thornebury Day Unit; 3 Langthorne Road Leytonstone; E11

**PROPOSAL** Listed Building Consent. Demolition of building within curtilage of grade (II) Listed Building.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

**Dated this day 6/02/2012**  
**David Scourfield- Head of Development Management On Behalf of London Borough of Waltham Forest**



## Local Government

### Local Government (Referendums) (Petitions and Directions) (England) Regulations 2000

This Act provides that a number of electors that is equal to 5% of the local government electors shown in the electoral register, may present a petition to the Proper Officer of the London Borough of Waltham Forest seeking a referendum on the question whether the Council should operate executive arrangements which involve an elected mayor.

The Proper Officer of the Council gives notice that the number that is equal to 5% of the number of local government electors shown in the December 2011 Register of Electors is 9,075.

This number will have the effect for the purposes of determining the validity of any such petitions presented to the Proper Officer before 1 April 2012 at the address shown below.

The Proper Officer is required to publish this number annually once the Register of Electors is published. If the number of electors making up 5% has grown smaller, this smaller figure will be used in relation to any petition submitted from the date of publication until the end of March 2012, and then, whether or not it is smaller, will become the relevant figure until the new figure is published in 2013.

**Martin Esom - Proper Officer**  
**London Borough of Waltham Forest**  
**Waltham Forest Town Hall**  
**Forest Road, London E17 4JF**  
**16 February 2012**

## Waltham Forest News

**ADVERTISING THAT WORKS**

**Waltham Forest News has the widest circulation in the borough - with 110,000 copies delivered, there is no better way to target a local audience.**

### Why advertise in Waltham Forest News?

- It's an effective, cost-efficient way to reach customers.
- Published fortnightly with 110,000 copies delivered to homes and businesses in the borough.
- Has the widest circulation in Waltham Forest.



To advertise in Waltham Forest News please call 020 8496 3000 (press option 6) and ask for Eva Jaber. Email [advertisingwfn@walthamforest.gov.uk](mailto:advertisingwfn@walthamforest.gov.uk) or visit [www.walthamforest.gov.uk/wfn-advertising](http://www.walthamforest.gov.uk/wfn-advertising)

## WIN! White water rafting tickets



**Are you brave enough to tackle the winter rapids?**



Daredevil sports enthusiasts can experience winter white water rafting at the only brand new London 2012 venue open ahead of the Games.

The new season at Lee Valley White Water Centre in Waltham Cross, just north of the M25, is about to launch and runs from Thursday 19 January to Monday 9 April. This venue will host five days of canoe slalom competition during the Games, but is open for you to enjoy. More than 30,000 people have already rafted the very same rapids which the world's best will tackle during the Games.

Rafting experiences cost from £49 and can be booked by phoning **08456 770 606** or online at [www.gowhitewater.co.uk](http://www.gowhitewater.co.uk)

You will face 13,000 litres of water every second and experience fast-paced descent, surfing, high siding, spinning and nose dunking. When the rafting is over, warm up with a bowl of hearty soup and crusty roll served at the café.

Waltham Forest News has teamed up with Lee Valley Regional Park Authority to offer a pair of rafting experiences tickets. Simply send your name, address, telephone number and email address to White water rafting competition, Waltham Forest News, Waltham Forest Town Hall, Forest Road, E17 4JF by Friday 10 February.

For competition terms and conditions, visit [www.gowhitewater.co.uk/terms](http://www.gowhitewater.co.uk/terms)

# Personalisation Road Show

**Would you like to know more about the way in which Waltham Forest Council provides adult social care? Its called 'Personalisation' and its all about giving our vulnerable adults a proper say over the care they receive.**

You are warmly invited to our Personalisation Road Show to find out more about 'Personalisation' and how you can control the care you receive.



We have two available dates you can attend:

**Tuesday 21st February 2012 - 9.45am - 2.00pm**  
**Chingford Assembly Hall, Station Road**  
**Chingford, E4 7EN**

or

**Thursday 15th March 2012 - 9.45am - 2.00pm**  
**Chingford Assembly Hall, Station Road**  
**Chingford, E4 7EN**

Refreshments will be made available on arrival and we will have professionals and providers on hand to respond to any questions you may have, including services like:

- Alzheimer's society
- Health self assessment
- Reablement
- Safeguarding
- Dementia Support
- Telecare

### And Much More!

If you would like to know more about the Personalisation Road Show then please contact **Lorraine Cummings** on **020 8496 3449**



# Democracy

## Councillors Surgeries

### Cann Hall



Tunde Davies  
Liz Phillips  
Nicholas Russell

**Labour surgery 1:** First and third Saturday of every month, 11am-12noon, Harrow Green Wesleyan Church, 1 Harrow Green Road, E11.  
No surgeries on Bank Holiday weekends.

**Labour surgery 2:** Fourth Friday of every month, 5.45-7.15pm, Buxton School, Cann Hall Road, E11.  
No surgeries on Bank Holiday weekends.

**Liberal Democrat surgery:** Second and fourth Saturday of every month, 10am -12noon, Buxton School, Cann Hall Road, E11.  
No surgeries on Bank Holiday weekends.

### Cathall



Naheed Asghar  
Shameem Highfield  
Terry Wheeler

**Surgery 1:** First and third Saturday of every month, 11am-12noon, Leyton Neighbourhood Learning Centre (LNLC), Leyton Mills Shopping Centre, 3 The Square, E10.  
No surgeries on Bank Holiday weekends.

**Surgery 2:** Second and fourth Saturday of every month, 11am-12noon, Harrow Green Wesleyan Church, 1 Harrow Green Road, E11.

### Chapel End



Paul Douglas  
Kieran Falconer  
Abu Samih

Every Friday, 6pm-8pm, St John's Church, 18 Brookcroft Road, E17 4LH.

### Chingford Green



Thom Goddard  
Andrew Hemsted  
Michael Lewis

Second and fourth Saturday of every month, 10am-11.30am, Parkside Children Centre, 82 Peel Close, E4 6XQ.

### Endlebury



Matthew Davis  
Peter Herrington  
Roy Berg

Second and fourth Saturday of every month, 10am -11.30am, Parkside Children Centre, 82 Peel Close, E4 6XQ.

### Forest



Gerry Lyons  
Shabana Qadir  
Farooq Qureshi

**Labour surgery:** Every Saturday, 11am-12noon, St Andrews Church, 153 Colworth Road, Leytonstone, E11 1JD.

**Liberal Democrat surgery:** Every Saturday, 10am-12noon, Cornerstone Centre, 149 Canterbury Rd, E10. No surgeries at the end of December.

### Grove Green



Khevyn Limbajee  
Anna Mbachu  
Chris Robbins

**Surgery 1:** Second and fourth Saturday of every month, 11am-12noon, Trinity Methodist Church, 274 High Road, E10 5PW.

**Surgery 2:** Third Saturday of every month, 11am-12noon, Leyton Neighbourhood Learning Centre (LNLC), Leyton Mills Shopping Centre, 3 The Square, E10.

### Hale End and Highams Park



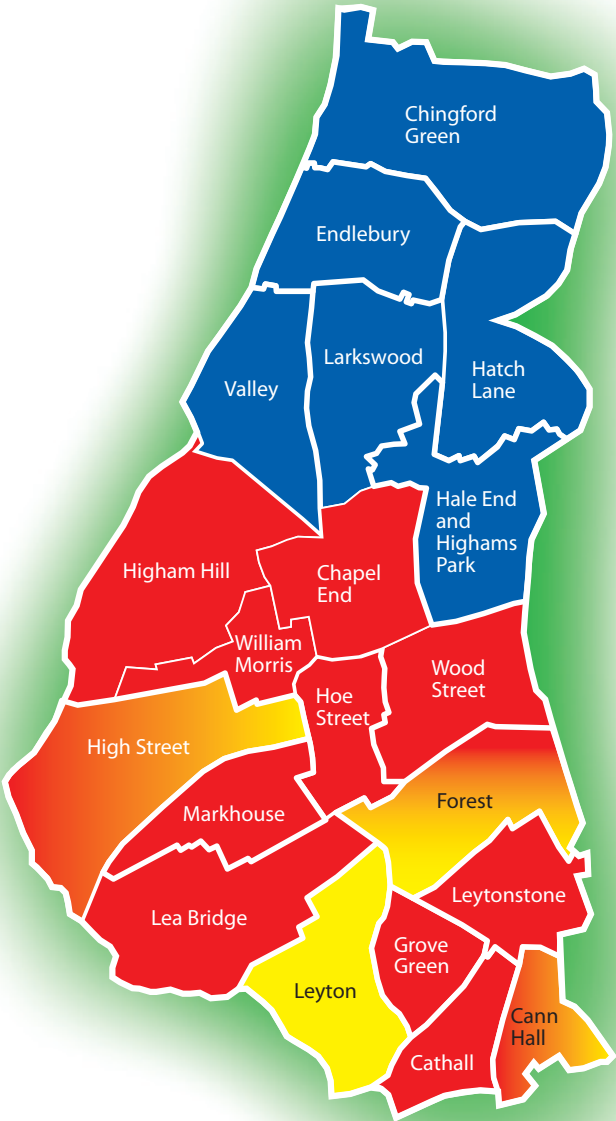
Paul Braham  
Sheree Rackham  
Darshan Sunger

**Surgery 1:** First Saturday of every month, 10.15-11.15am, Block 118-132, Community Room, Aldriche Way Estate, E4.

**Surgery 2:** Second Monday of every month, 6-7pm, Thorpe Hall School, Hale End Road, E17 4DP.

**Surgery 3:** Third Saturday of every month, 10.30-11.30am, Hale End Library, Castle Avenue, E4.  
No surgeries on Bank Holiday weekends.

## Waltham Forest Wards



Labour

Conservative

Liberal Democrat

Lab/Lib



### Hatch Lane



Laurie Braham  
Marion Fitzgerald  
Geoff Walker

**Surgery 1:** First Tuesday of every month, 5.30-6.30pm, Longshaw Primary School, Longshaw Road, E4. Term time only.

**Surgery 2:** Second and fourth Saturday of every month, 10-11am, Hale End Library, Castle Avenue, E4.

**Surgery 3:** Third Monday of every month, 11am-12noon, Friday Hill TMO, Chingdale Centre, Chingdale Road, E4.

### High Street



Liaquat Ali  
Clare Coghill  
Mahmood Hussain

**Labour surgeries:** Second Saturday of every month, 10.30am-12noon, Coppermill Primary School, Edward Road, E17, fourth Saturday of every month, 10.30am-12noon, Walthamstow Library, The Square, E17. Third Tuesday of every month, 9.30-11.30am, The Mill, Coppermill Lane, E17.

**Liberal Democrat surgeries:** Last Saturday of the month, 10am-12noon, Coppermill Primary School, Edward Road, E17 and all other Saturdays, 10am-12noon, 3 Palmerston Road, Walthamstow, E17 6PQ.

### Higham Hill



Karen Bellamy  
Geoff Hammond  
Haroon Khan

**Surgery 1:** Every Friday, 6.30pm-8pm, Whittingham Community Primary School, 340 Higham Hill Road, E17 5QX.

**Surgery 2:** Second and fourth Saturday of every month, 11am-12.30pm, Higham Hill Library, North Countess Road, E17.

### Hoe Street



Ahsan Khan  
Saima Mahmud  
Mark Rusling

Every Saturday, 11am-12noon, Customer Service Centre, Central Parade, 137 Hoe Street, E17.

### Larkwood



Nick Buckmaster  
Bernadette Mill  
Edwin Northover

Second Saturday of every month, 10am-12noon, Chingford Royal British Legion, 63 Hall Lane, E4.

### Lea Bridge



Masood Ahmad  
Afzal Akram  
Elisabeth Davies

Every Saturday, 10-11am, Lea Bridge Library, Lea Bridge Road, E10 7HU. No surgeries on Bank Holiday weekends.

### Leyton



Naheed Qureshi  
Winnie Smith  
Bob Sullivan

Every Saturday, 10am-12noon, Leyton Library, High Road, Leyton, E10 5QH.

### Leytonstone



Jenny Gray  
Clyde Loakes  
Marie Pye

Every Saturday, 10.30am-12noon, Leytonstone Library, 6 Church Lane, E11 1HG.

### Markhouse



Mohammad Asghar  
Asim Mahmood  
Ebony Vincent

First and third Saturday of every month, 10am-12noon, Customer Service Centre, 137 Hoe Street, E17.

### Valley



Jemma Hemsted  
Alan Siggers  
Laurance Wedderburn

Surgeries are held on a rota twice a month between:

**Surgery 1:** Saturday, 10.15am-12noon, Chingford Royal British Legion, 63 Hall Lane, E4.

**Surgery 2:** 10.15am-12noon, Paradox Centre, Youth Wing, Burnside Avenue, E4

### William Morris



Nadeem Ali  
Raja Anwar  
Geraldine Reardon

**Surgery 1:** First and third Saturday of every month, 11am-12noon, Higham Hill Library, North Countess Road, E17.

**Surgery 2:** Fourth Saturday of every month, 11am-12noon, William Morris Community Centre, Greenleaf Road, E17.

### Wood Street



Peter Barnett  
Angie Bean  
Richard Sweden

Every Saturday, 10-11am, Wood Street Library, Wood Street, E17 4AA. No surgeries on Bank Holiday weekends.

### More info

For more information on Councillors, their role and how to contact them visit [www.walthamforest.gov.uk/council/about](http://www.walthamforest.gov.uk/council/about) or phone 020 8496 3000.

# Waltham Forest Community Learning and Skills Service

## Work Based Learning for 16-18 year olds and 19+

### Pre-Apprenticeship and Apprenticeship Programmes

#### Thinking about

- Business Administration
- Childcare
- Customer Service
- Health and Social Care
- Youth Work
- Teaching Assistants

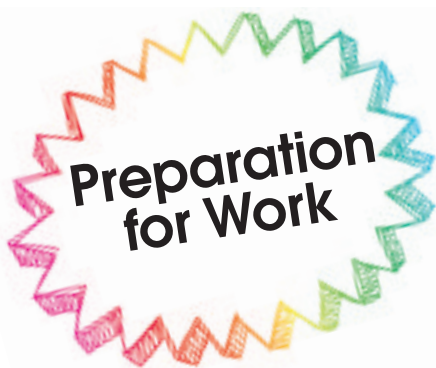
#### For more information, you can

- Come along to Leyton Neighbourhood Learning Centre, 3 The Square (next to ASDA), High Road, Leyton E10 5NR

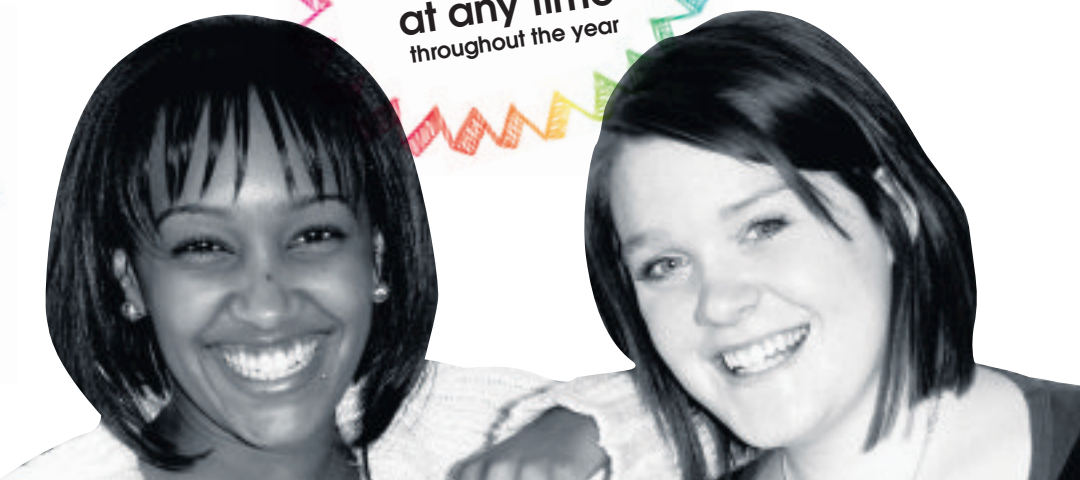
OR **Tuesday February 14 @10.30am**

OR **Friday March 2 @10.30am**

- Come in any time to Leyton Neighbourhood Learning Centre and talk to our friendly, helpful Work Based Learning Team
- Telephone 020 8558 6805
- Speak to your Connexions Advisor



**You can**  
join these programmes  
**at any time**  
throughout the year



### FREE Family Learning – Family Literacy, Language and Numeracy

These are **FREE** courses for family members and carers of school age and pre-school/nursery children.

You find out how numeracy and literacy are taught in school. This helps you support your children with their school work. In addition, you can brush up your own English and Maths.

These courses are particularly helpful if you are thinking of working as a teaching assistant in a primary school. They give you an insight into how literacy and numeracy are taught today.

Family language courses are for parents and carers whose first language is not English. In many cases, it is helpful if parents and carers also attend English for Speakers of Other Languages (ESOL) classes.

To put your name on the waiting-list for ESOL classes visit [www.walthamforestclass.gov.uk](http://www.walthamforestclass.gov.uk) or telephone **020 8520 3843** or visit any of our centres.



### English and Maths Courses – from Beginners to GCSE

For more information about English or Maths courses, including GCSEs, visit [www.walthamforestclass.gov.uk](http://www.walthamforestclass.gov.uk)

Most courses are completely **FREE for everybody**.  
GCSEs are **FREE** if you are on Job Seekers Allowance  
and only £40 if you are on many other benefits.